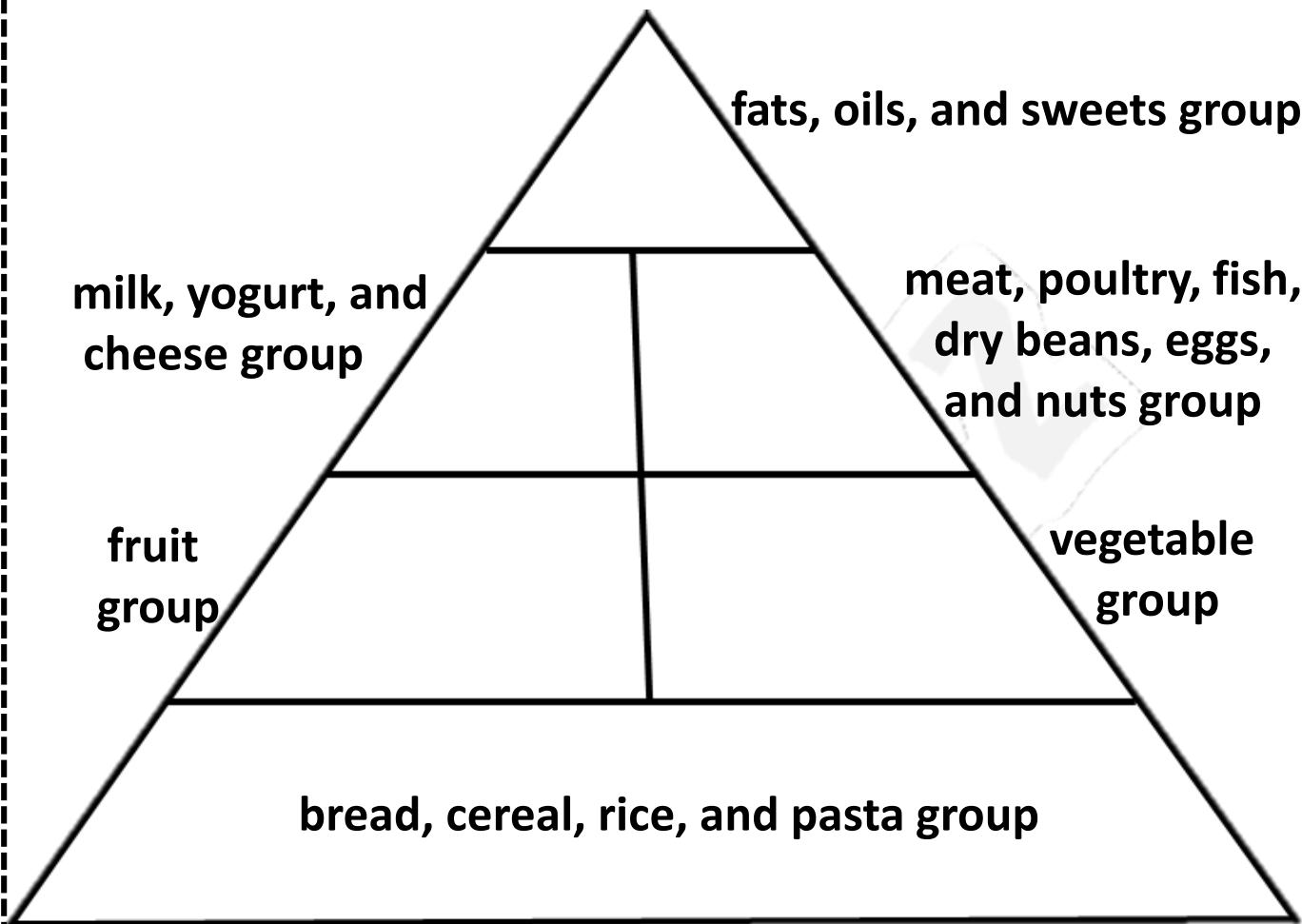


EVS Worksheet – Class 2



Complete the food pyramid :



Which of the following is a healthy habit?

- A. Eating different kinds of food in right quantities
- B. Eating an uncooked food
- C. Eating an uncovered food

Ans: _____

Write True or False:

1. Vegetarians eat only vegetables, fruits, cereals and milk products.
2. Wheat is energy giving food.